

ABSTRAK

HUBUNGAN ANTARA *SELF EFFICACY* DENGAN *ADVERSITY QUOTIENT* PADA SISWA KELAS XI SMKN 3 MEDAN

LIZZY AZZURA

13.860.0081

ABSTRAK

Penelitian ini bertujuan untuk melihat hubungan *self-efficacy* dengan *adversity quotient* pada siswa kelas XI SMKN 3 MEDAN. Subjek dalam penelitian ini adalah siswa kelas XI jurusan kimia analis dan kimia industri yang berjumlah 334 siswa. Teknik pengambilan sampel menggunakan teknik *cluster random sampling*. Pengambilan data dilakukan dengan menggunakan dua skala, yaitu skala *self-efficacy* dan skala *adversity quotient*. Analisis data menggunakan teknik korelasi (r_{xy}) sebesar 0.911 dengan $p = 0,000 < 0,005$, artinya terdapat hubungan positif dan signifikan antara *self-efficacy* dengan *adversity quotient* siswa kelas XI, yang menunjukkan bahwa semakin tinggi *self-efficacy* siswa maka semakin tinggi *adversity quotient*nya. Sebaliknya semakin rendah *self-efficacy* siswa maka semakin tinggi *adversity quotient* nya. *Self-efficacy* dalam penelitian ini siswa SMKN 3 Medan tergolong tinggi karena (mean empirik = 86,69. > mean hipotetik = 70 dimana selisihnya melebihi bilangan SD = 13,669). Dan *adversity quotient* juga tergolong tinggi, karena (mean empirik = 88,45. > mean hipotetik = 70 dimana selisihnya melebihi bilangan SD = 13,316). Adapun koefisien determinasi dari korelasi tersebut sebesar $R^2 = 0,829$ artinya *self-efficacy* memberikan sumbangan efektif terhadap *adversity quotient* sebesar 82%. Hasil penelitian ini sesuai hipotesis dengan hasil penelitian di lapangan.

Kata Kunci : *Self-Efficacy dan Adversity Quotient*

ABSTRACT

THE CORELATION BETWEEN SELF EFFICACY AND ADVERSITY QUOTIENT OF THE GRADE XI STUDENT AT SMKN 3 MEDAN

This study aims to see the relationship of self efficacy with *adversity quotient* students of class XI SMKN 3 MEDAN. Subjects in this study were students of class XI majoring in chemical analyst and chemical industry 334 teeth of students. The sampling technique used cluster random sampling technique. The data were collected using two scales, there are *self-efficacy* scale and *adversity quotient* scale. Data analysis used visual technique with positive and significant scoring result between *self-efficacy* with *adversity quotient* of class XI students, showing the higher *self-efficacy*, the higher the *adversity quotient*. Fulfilling the lower *self efficacy* of the student, the higher the *adversity quotient*. *Self efficacy* in this study SMKN 3 Medan students are high because (empirical mean = 86.69.> Hypothetical mean = 70 where the difference exceeds SD number = 13.669). And *adversity quotient* is high, because (empirical mean = 88.45.> Hypothetical mean = 70 where the difference exceeds SD real number = 13.316). As it is the result of $R^2 = 0.829$, the self-efficacy has an effective effect on adversity quotient of 82%. The results of this study is in accordance with the hypothesis with the results of research in the field.

Keywords: *Self-Efficacy* and *Adversity Quotient*