

Fasidah Alimuddin



🌸 Pendidik di pegunungan Papua sejak 2008

🌸 Awardee afirmasi LPDP 2017, PK 126

🌸 Kuliah Master di University of Oulu Learning, Education and Technology 2019-2021

Learning science



Psychology

Sociology

Cognitive Science

Design Studies

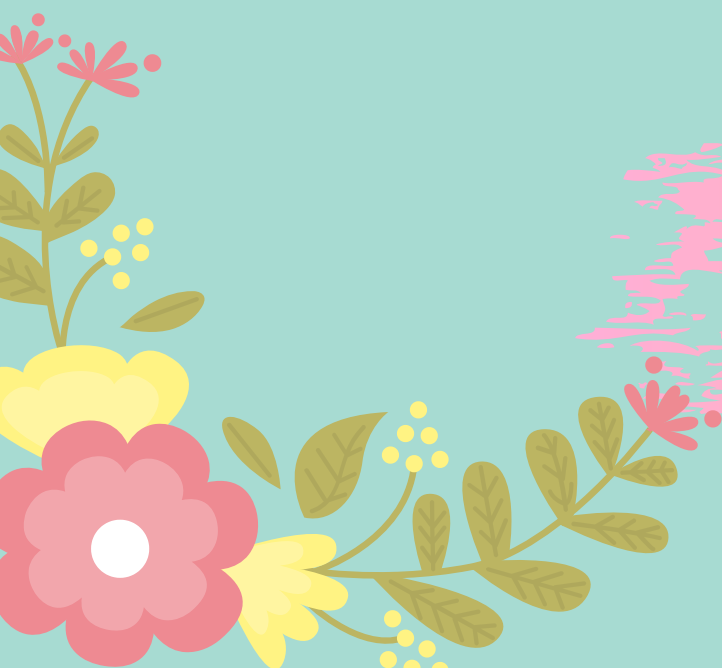
Computer Science

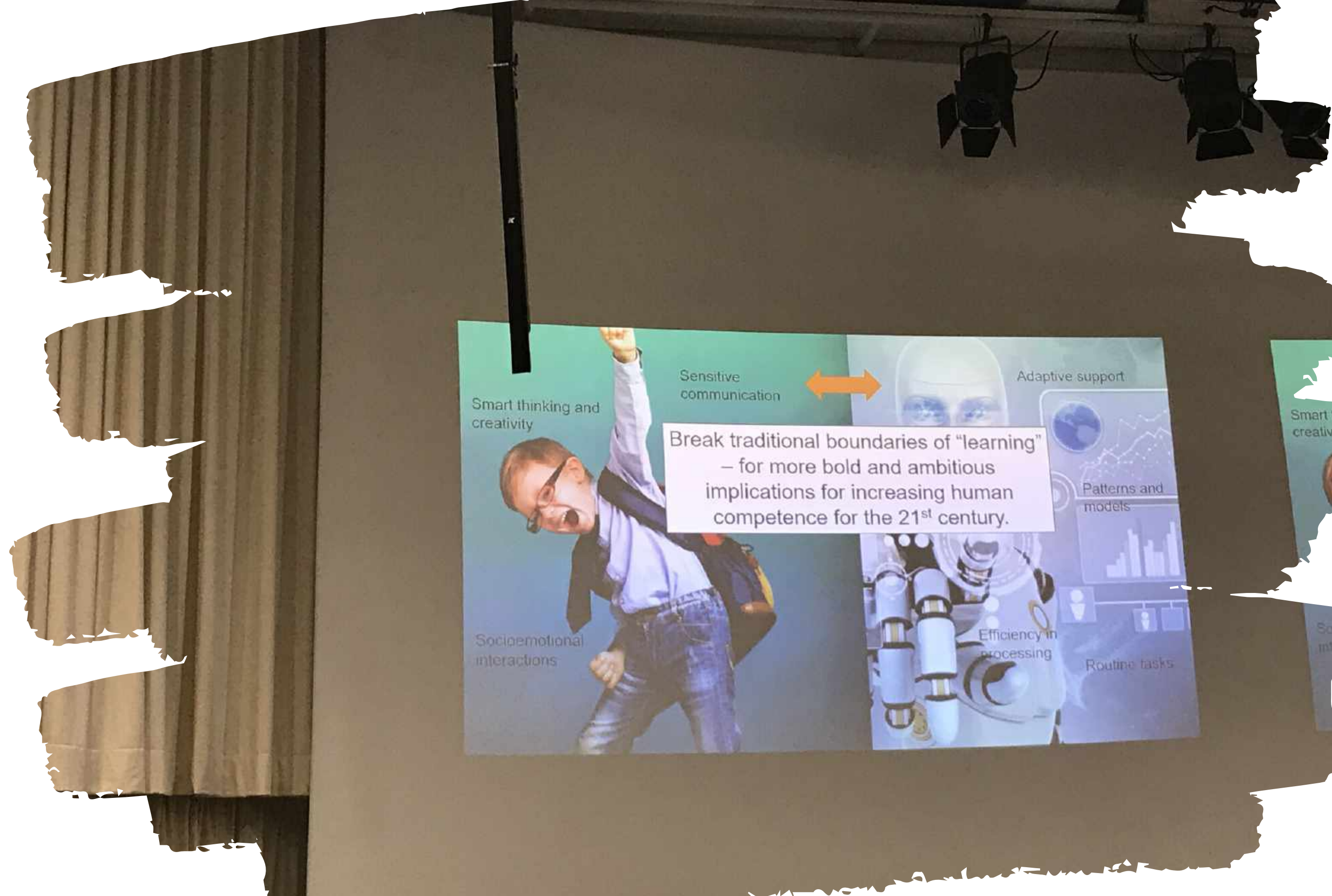
Mathematics

Social Work

Medical Education

Learning how people learn





Smart thinking and creativity

Sensitive communication ↔ Adaptive support

Break traditional boundaries of "learning"
– for more bold and ambitious implications for increasing human competence for the 21st century.

Patterns and models

Efficiency in processing

Routine tasks

Socioemotional interactions

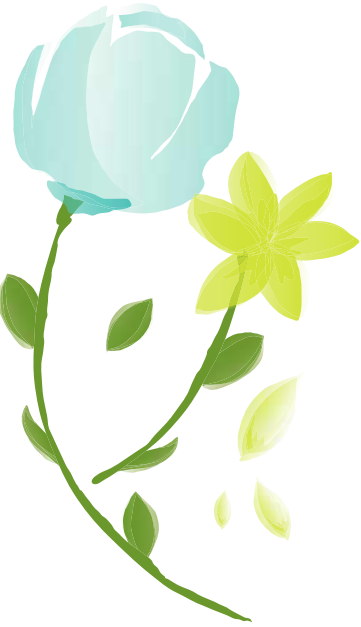
Smart think creativity

Socio inter

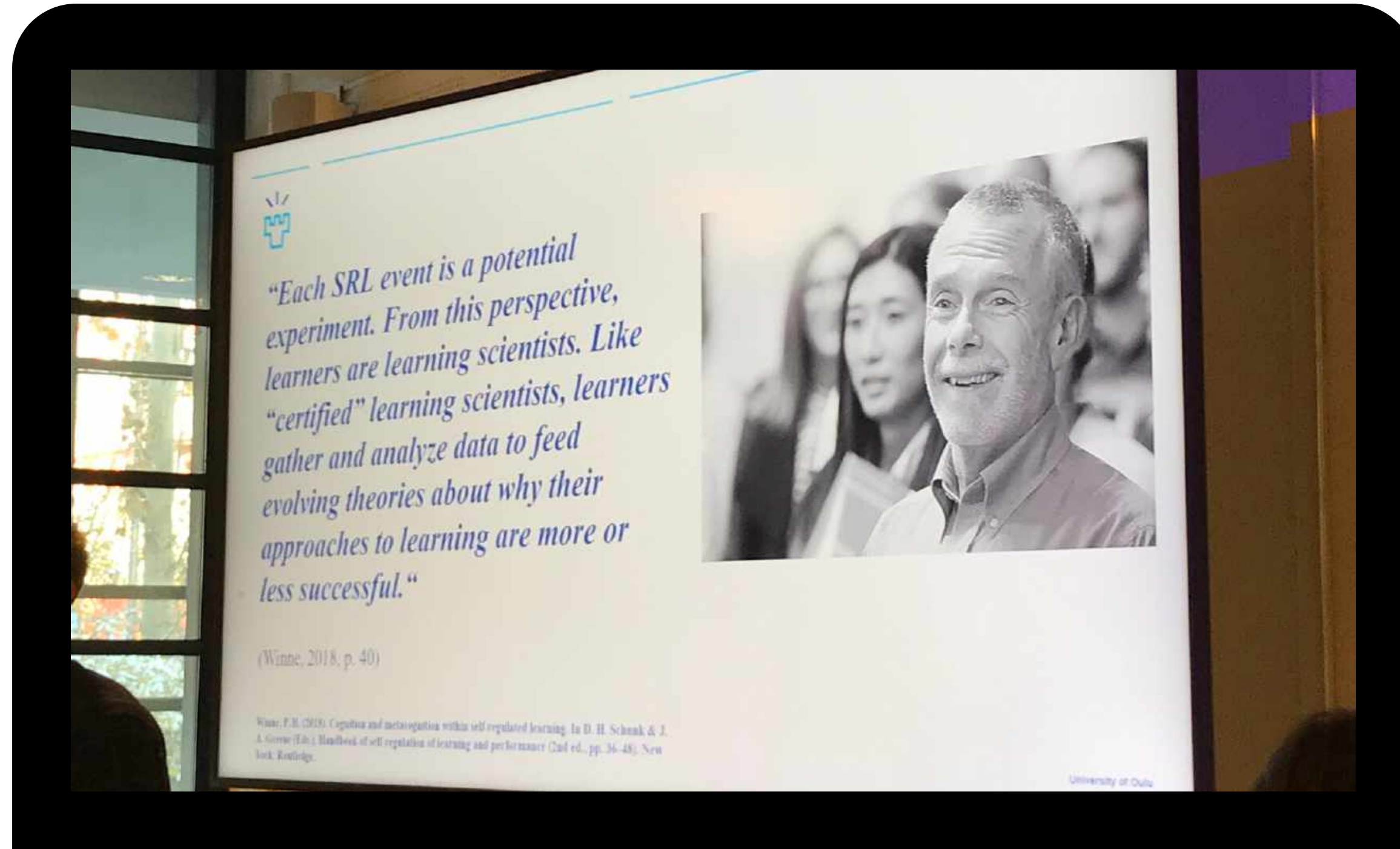
Technology- enhanced learning



Collaborative
learning



SELF-REGULATED LEARNING



Mengapa kita harus mempelajari tentang ilmu belajar?

Mengapa kita harus memiliki skill untuk belajar?

Teacher-based learning

More testing and examination

Long hours at school

More competition (rank and grades)



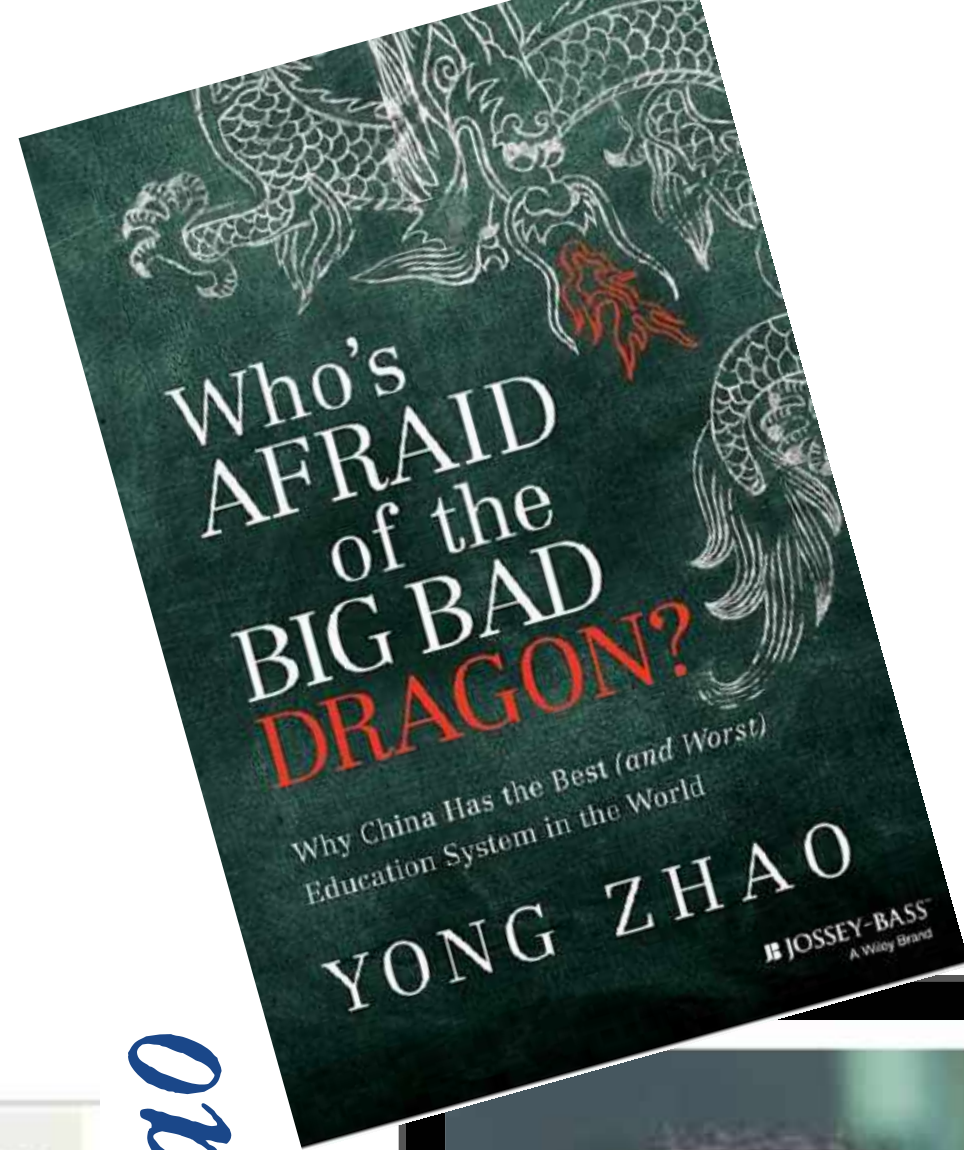
School

Boring and exhausting

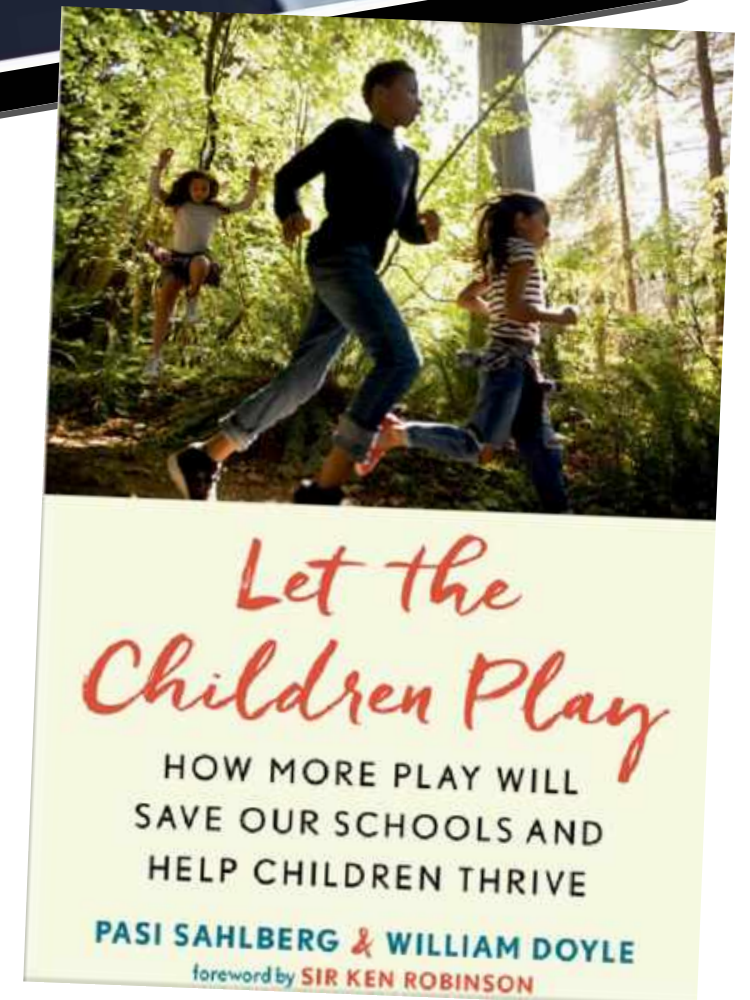
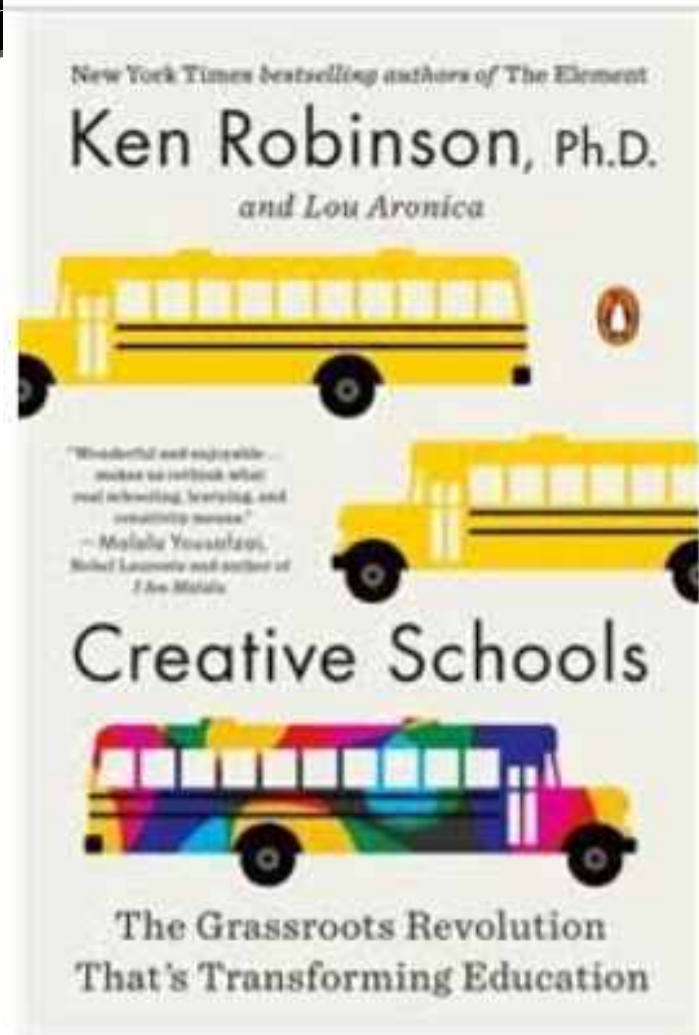
Ken Robinson



Yong Zhao



Pasi Sahlberg



Intentional

Safe

Agency

Joyful

LEARNING

Active

Creativity

self-expression





Self-regulated learner

Highly motivated

Lifelong learner

Sukses itu dibangun dari kebiasaan sederhana dalam keseharian

Mulai dengan membaca dua baris bacaan

Mulai dengan menulis dua baris tulisan

Mulai dengan mengalokasikan waktu 15 menit perharinya untuk belajar sesuatu

Bahkan

Mulai dengan melangkah ke perpustakaan adalah latihan untuk menciptakan kebiasaan baik

Self-regulated learner = skill in learning
1% better in a day by James Clear

The nature of motivation



Tiny habit change your life!

Mulai berlatih dengan hal yang sederhana.

Mengalihkan kebiasaan yang tidak bermanfaat kepada kegiatan yang produktif

Butuh latihan terus menerus

Who am I?



Clarity



Motivation

Self- belief

Intrinsic motivation

Body alarm

Emotions

Learning strategies

Goals and Dreams

Are you still on track?

Schedule

Social media

Friends


Library

Digital
footprint



Reflections help!

Fill the dot with your reflections
What works and what doesn't
then, reframe to get unstuck.

An illustration of four hikers in colorful gear (orange, green, blue, and purple) walking along a purple path. They are carrying backpacks and using trekking poles. The path is surrounded by a dotted line of teal dots that leads from the bottom left towards the top right.

Saya di masa depan

Saya saat ini

Dynamic Plan
Setting, monitoring, reflecting,
adjusting, and improving



Jedha_proudmom



Fasidah Alimuddin



Lenteratakpadam.com



Thank
you

