

## A B S T R A K

### **Hubungan Kecerdasan Emosi Dan *Self-Esteem* Dengan Perilaku *Verbal Abuse* Pada Guru**

**Nurul Azmi Saragih**

**Prof. Dr. Abdul Munir, M.Pd**

**Dra. Irna Minauli, M.Si, Psikolog**

Penelitian ini bertujuan untuk mengetahui hubungan kecerdasan emosi dan *self-esteem* dengan perilaku *verbal abuse* pada guru. Instrumen pengumpulan data yang digunakan untuk mengukur kecerdasan emosi, *self-esteem* dan *verbal abuse* adalah skala Likert. Kecerdasan emosi diukur berdasarkan aspek-aspek kecerdasan emosi yaitu mengenali emosi, mengelola emosi, motivasi diri, empati, keterampilan sosial, pada *self-esteem* diukur berdasarkan aspek-aspek harga diri yaitu kekuatan, keberanian dan kebajikan, pada *verbal abuse* diukur berdasarkan bentuk-bentuk *verbal abuse* yaitu mengucapkan kata-kata kasar, memfitnah, mengancam, menakut-nakuti, menghina, membesar-besarkan kesalahan orang lain. Populasi dan sampel penelitian ini ada 33 orang. Analisis data yang digunakan adalah Analisis Regresi Dua Prediktor. Hasil penelitian menunjukkan bahwa ada hubungan negatif antara kecerdasan emosi dan *self-esteem* dengan perilaku *verbal abuse* dengan koefisien  $R = -0.482$  dengan  $p = 0.019$  berarti ( $p < 0.05$ ). Artinya ada hubungan negatif antara kecerdasan emosi dan *self-esteem* dengan perilaku *verbal abuse* pada guru, dinyatakan diterima.

Kata kunci: kecerdasan emosi, *self-esteem*, perilaku *verbal abuse*

## A B S T R A C T

### **Relationship Of Emotional Intelligence And Self-Esteem With Verbal Abuse On Teachers**

**Nurul Azmi Saragih**

**Prof. Dr. Abdul Munir, M.Pd**

**Dra. Irna Minauli, M.Si, Psikolog**

*This study aims to determine the relationship of emotional intelligence and self-esteem with verbal abuse on teachers. Data collection instruments used to measure emotional intelligence, self-esteem and verbal abuse is a Likert scale. Emotional intelligence is measured by aspects of emotional intelligence is recognizing emotions, managing emotions, self motivation, empathy, social skills, self-esteem is measured based on aspects of self-esteem that is the strength, courage and virtue, the verbal abuse is measured based on the forms of verbal abuse that is to say a harsh word, defamatory, threatening, intimidating, insulting, exaggerate the mistakes of others. Population and sample of this research there are 33 people. The data analysis used regression analysis two predictors. The results showed that there was a negative relationship between emotional intelligence and self-esteem with verbal abuse by the coefficient  $R = -0.482$ , with  $p = 0.019$  means ( $p < 0.05$ ). Means there is a negative relationship between the emotional intelligence and self-esteem with verbal abuse on the teachers, expressed accepted.*

*Key words:* *emotional intelligence, self-esteem, verbal abuse*